

2008 Rowan University Open

Date: Friday, April 11, 2008
Field Events begin at 2pm.
Running Events begin at 3pm.

Contact Information

Meet Director: Ringo Adamson (856) 904-3543
or Bill Fritz (856) 256-4683
Email: adamson@rowan.edu
Fax number: (856) 256-5604

Entry Information

Online entry: www.directathletics.com
Online entry support email: support@directathletics.com

Open Competitors: If you are entering yourself as an unattached/open INDIVIDUAL athlete, you must create an INDIVIDUAL athlete account at www.directathletics.com and enter the meet as an individual athlete.

TIMING: FAT by Ultimate Productions, Inc.

AWARDS:

Watches to the overall winner (M/W) in each event.
Medals to 2nd & 3rd place finishers in each event.

ENTRY FEE: \$15.00 per event or a maximum of \$200 per team (men's & women's teams are separate). Make checks payable to: Rowan University Athletics memo:Rowan Open
Mail to: Patty Raube
Assistant Athletic Director
Rowan University
201 Mullica Hill Road
Glassboro, NJ 08028

ENTRY DEADLINE: Entries due by 6:00pm 4/7/2008 (Mon)
Scratches by 4:00pm 4/9/2008 (Wed)

FACILITY: 400 meter; Rekortan—8—forty-eight inch lanes; New 11/2004
¼" pyramid spikes max
HJ/LJ/TJ/PV (Rekortan) ¼" pyramid spikes
Shot, Disc, Hammer-brushed concrete
Javelin – Rekortan Runway ¼" pyramid spikes

Trainers: Trainers will be available. Please bring your own supplies.

Scoring: Open Meet, therefore no team scoring.

Parking: Plenty of parking for vans and buses at theTrack site.

EVENTS: Rolling schedule

NOTE TO ALL COACHES

Entries only will be accepted online via the Direct Athletics web-site at www.directathletics.com. Questions regarding entry instructions should be e-mailed to support@directathletics.com. Detailed instructions are available below:

Step 1: Accessing your Direct Athletics team account

Each coach must have a Direct Athletics username and password for his/her school. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below. You will use the same account to enter all meets run through Direct Athletics.

If you already have a DirectAthletics account for your Track & Field team and know your username and password:

1. Go to www.directathletics.com
2. In the login box, enter your username and password and click Login. (Remember that your password is case-sensitive)

If you do NOT know your username and password, proceed as follows:

1. Go to www.directathletics.com
2. Click on the link "New User? Click HERE".
3. Follow onscreen instructions. You will be able to create a new TEAM account online or retrieve forgotten information for an existing account.

Note about Direct Athletics accounts

Most coach accounts control a school's Men's AND Women's team. You control only one gender at time, so you will complete the below steps for your Men and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account.

Rowan University Open 2008
Date: Friday, April 11, 2008

Event Information:

Field Events:

2:00pm	Hammer Throw	Men followed by Women
	Discus to follow Hammer Throw	Men followed by Women
2:00pm	Javelin (runway)	Women followed by Men
2:00pm	Long Jump (2 pits)	Men followed by Women
	Triple Jump to follow Long Jump	Men followed by Women
2:00pm	High Jump	Women followed by Men
2:00pm	Pole Vault	Women followed by Men
4:00pm	Shot Put	Men followed by Women

Track Events: Order of all running events will be Women followed by Men

3:00pm	4x100 meter relay	sections on time
3:15pm	5000m	sections on time
4:00pm	100m/110m Hurdles	preliminaries
4:15	100m	preliminaries
4:30	1500m	sections on time
4:50	400m	sections on time
5:10	100m	finals
5:25	100m/110m Hurdles	finals
5:35	800m	sections on time
5:55	400IH	sections on time
6:15	200m	sections on time
6:30	3000m steeplechase	sections on time
6:55	4x400m relay	sections on time
7:15	Open 3000m steeplechase	